



Advantages of growing up with Dogs Dogs help bust those bugs



Growing up with dogs has been shown to have many health benefits for children and adults alike:

Healthy immune system

Pediatric studies have shown that children who grow up with dogs have a better immune system than those who don't. This is likely to be because dogs carry all sorts of bugs which builds our immunity.

Less likely to suffer from asthma

Children whose have a birth parent that suffers from allergies or asthma have been shown to be less predisposed is they have early exposure to dogs.

Good for the skin too

Some studies have shown that dogs actually protect children at risk of eczema. One study showing that children who didn't live with dogs are 4 time more likely to develop the condition than those that do!



